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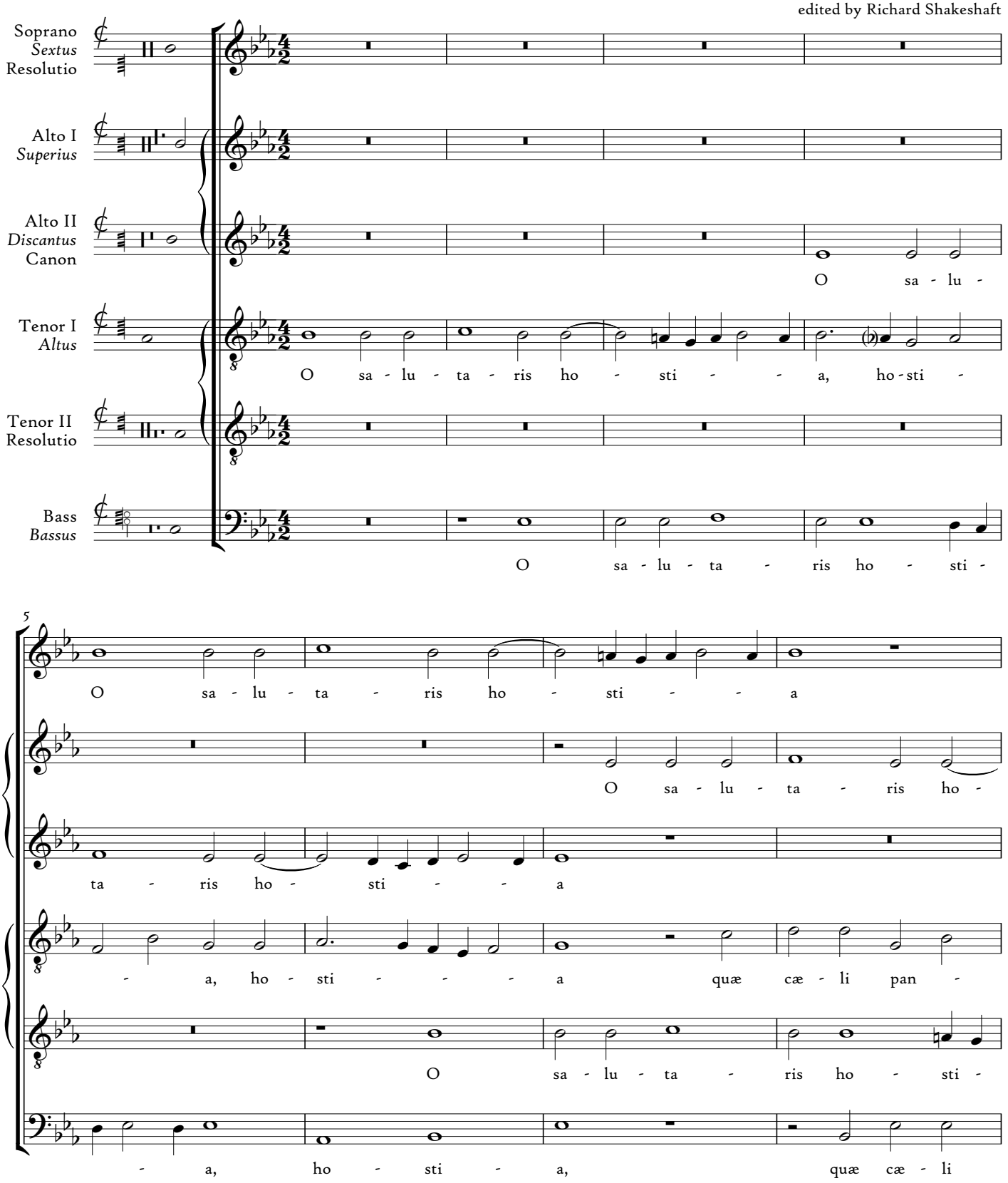
O salutaris hostia

O salutaris hostia quæ cæli pandis hostium, bella premunt hostilia: da robur, fer auxilium. Amen.

O saving Victim, opening wide the gate of Heaven to man below;
Our foes press hard on every side; thine aid supply, thy strength bestow. Amen.

from a Eucharistic hymn written by Thomas Aquinas, for use at Lauds on the Feast of Corpus Christi at the Adoration of the Blessed Sacrament

William Byrd (1543–1623)
edited by Richard Shakeshaft